



ENQA

JOURNEY INTO THE SACRED
MOUNTAINS AND TEMPLES
OF CUSCO, PERU
MAY/JUNE 2019



guided by
Francisco Victoria



THE JOURNEY

Enqa is a journey of 12 days of retreat, formation and practice in the Andean Spiritual Tradition, the wisdom of Cusco and Peruvian Andes expressed in concepts, visions, rituals and energetic techniques. All explained in the context of the places of power of the city of Cusco, the Sacred Valley of the Incas and the Apu Ausangate from May 25 to June 5, 2019. The trip Guide is Francisco Victoria, "Paqo" practitioner of the Tradition and initiated in this knowledge by teachers of native communities, as well as academic scholars. With experience in individual therapies, work with rituals and group guidance; Francisco organizes retreats, courses and trips, sharing the teachings of the Spiritual Tradition of the Andes and facilitating the participation of native teachers.

Enqa is a journey that arises from the love for this wisdom and the places and people that keep it alive . It is addressed to those who feel the inner call to connect with ancient wisdom and Nature. If you have already walked the Andean path, you will be able to complement your knowledge and re-nourish your relations with the spirits of this land. If you arrive for the first time will find a rich world and a new way of living in welfare. Through will, action and mystery, together we will understand, heal and awaken a sacred meaning in our lives, a universal language that we all speak but sometimes forget. Finally, priests originating from the Q'eros Nation along Altomisayoq (a high priest of this People) Don Martín Quispe, will help us performing original rituals and talking with the spirits of the mountains, connecting with the most sacred of this earth.



ITINERARY



- 25/5. Arrival in Cusco. Acclimatization and welcome ceremony.
- 26/5 Visit to the Temples of Apu Saqsayhuaman, introduction to teaching.
Trip to the Sacred Valley of the Inkas.
- 27/5 Visit to the temple of Pisaq, learning and practice
- 28/5 Visit to Urco's temple, learning and practice.
- 29/5 Visit to the citadel and temple of Ollantaytambo, learning and practice.
Train trip to Machu Picchu.
- 30/5 Visit to the citadel and Machu Picchu temple, learning and practice. Return to Cusco.
- 31/5 Visit to the temple of Tipón, learning and practice.
- 1/6 Free Day in Cusco.
- 2/6 Departure to Ausangate.
- 3/6 Karpay at Apu Ausangate, learning and practice.
- 4/6 Karpay at Apu Ausangate, learning and practice.
- 5/6 Return to Cusco and ritual of closing the trip.

THE TEACHINGS

Being able to enter a different tradition from ours is like learning a new language. Not only are we understanding its structure, we also learn to think and perceive the reality in a different way. The Andean Spiritual Practice is that new language that through concepts and specific tools like despacho misha, energetic exercises, etc., helps us to complement what we already are from our own culture and beliefs. To us this tradition has helped us heal wounds, find answers, has connected us to our ancestral roots, valuing the life that is inside us and outside, in connection with the spirits and forces of the stars and the cosmos; and has taught us how to live in the present by lighting the power that we must create harmonious intentions. If you are here, you have probably felt a call, and to discover how it can help you we invite you to walk.

WHAT WE WILL LEARN

We will use all the techniques and tools in the holy places indicated, and among other things we will understand and practice:

- Concepts: Kawsay, Ayni, Karpay. -Stories and context of the temples.
- Recognition of our energy bubble. -Work with energy techniques from Cusco.
- How to connect with Pachamama and the Apus, the guardian spirits of the Andes.
- Make a personal offering for Pachamama and Apus.
- Energy cleaning techniques from Cusco.
- Cleaning and healing with Khuya rumikuna, power stones.
- Cleaning and empowerment with Chumpi rumikuna, energy-bearing stones.
- Work with Yanantin and Masintin energies.
- Use of the "Misha", blanket with objects of power for healing and empowerment.
- Call for the recovery of the soul. -Connect with the ancestors of our lineage.
- Work in the water and fire.
- Also, we will receive along the trip 4 Karpays, connection and empowerment ceremonies from the Q'ero Nation. Being blessed from the sacred valley till the apu Ausangate.



WHAT IS A KARPAY

A Karpay is an ancestral andean initiation ritual. It is a practice of empowerment that through a transmission of energy from teacher to practitioner, connects the latter with some form of living energy in Nature.

The master with his experience channels the power of Mother Earth, the Guiding Spirits of the mountains, the female spirits in the water, the sun and the moon, the lineages of his previous masters, etc.

Thus, we receive Karpays to integrate and grow this connections with the living world around us, and enhance our experience as human and energetic beings.

WHAT IS INCLUDED IN THE TRIP

- Training in Andean Spiritual Practice by " Paqo" Francisco Victoria.
- 4 Karpay, Initiations by Original Paqos of the Qeros Nation in Cusco. Including Karpays in
- Ausangate with the Altomisayoq Don Martin Quispe.
- 12 nights of lodging. (4 in hotel three stars in the city of Cusco / 4 nights in 3 stars lodge in the Sacred Valley / 1 night hotel three stars Aguas Calientes / 3 nights in local community house in Ausangate).
- 6 days full feeding (6 breakfasts + 6 lunches + 6 dinners)
- + 4 lunches + 4 breakfasts (Some dinners are not included, nor free day feeding).
- Full transportation (does not include taxis or free day mobility or any mobility outside the Program).
- Horses and Arrieros in Ausangate
- Touristic ticket for access to temples, including ticket to Machu Picchu.
- Materials for rituals

**The budget is based on a participation with a minimum of 5 passengers with one reservation prior to January 31, 2019. After January 31 the prices of trains to Machu Picchu are increased and it will be the responsibility of the passenger to assume the differences.

The content of teaching and the places to visit in the sacred valley or the order of the itinerary can be modified with prior notice based on the needs of the group; without modifying the services which will be provided specified above.

It is mandatory to have traveler insurance, and the hiring responsibility runs through account of each participant. Upon arrival in Peru, you will be asked for a copy of it. If you do not have proof of traveler insurance, you cannot attend this trip.

Upon arrival, you will be required to sign a waiver accepting responsibility for injury(s) or health risks.

TOTAL PRICE PER PERSON: 1800 USD

The reservation of the trip is made with an international bank transfer or a payment by paypal 400 USD.

Send payment, via paypal, of 400 USD to yandy@karpay.org

For international transfer confirm with us the data.

FOR MORE INFORMATION PLEASE CONTACT: m_irigoy@hotmail.com +1 (407) 480-0820